

# ENDOSCOPY APPOINTMENT INFORMATION

Indiana Gastroenterology, Inc. / [www.indianagastro.com](http://www.indianagastro.com)

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<b>DATE:</b>	<b>TIME:</b>	This is the <b>time to arrive</b> for registration; your procedure will follow
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**PROCEDURE:**  Upper endoscopy (EGD)  Colonoscopy  Sigmoidoscopy  Other

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**PHYSICIAN:** Dr. William J. Fecht, Jr. Office phone: (317) 872-1161

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<input type="checkbox"/>	<b>Riverview Hospital</b> 395 Westfield Road Noblesville, IN 46060 (317) 776-7263	Register at <b>Surgery Center, Entrance #5 (Purple)</b>
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<input type="checkbox"/>	<b>Carmel Endoscopy Center</b> 13421 Old Meridian Street Carmel, IN 46032 (317) 706-1620	
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## IMPORTANT REMINDERS / Please read upon receiving this information.

- DO NOT EAT FOOD OR DRINK BEVERAGES AFTER MIDNIGHT (unless bowel prep instructs otherwise).**
- You will be given MAC (monitored anesthesia care) sedation for your procedure and will be unable to drive yourself home. **You MUST be accompanied by a responsible adult family member or friend.** Typically, you will spend 2 to 3 hours at the facility.
- Call our office at least one (1) week prior to your procedure if you:** 1) take blood thinners or 2) have an automatic internal cardiac defibrillator (AICD). **If this information was discussed when scheduling your appointment, it is not necessary to call.**
- Unless instructed otherwise, you may and are encouraged to take necessary medications with sips of water on the day of your exam.** Bring your complete list of medications to your appointment.
- If you take diabetic medications: Insulin** – take ½ dosage the evening prior to the procedure and skip your morning dose on the day of your procedure. **Blood sugar control pills** (oral hypoglycemics) – skip your doses the evening prior to and the morning of procedure. **Glucagon-Like Peptide-1 (GLP-1) agonist** – see #6 below. *If you have questions, please contact the physician that prescribes your diabetic medications.*
- If you take a GLP-1 agonist for diabetes or weight loss:** Do NOT take Byetta, Saxenda, Victoza, Adlyxin or Rybelsus on the day of your procedure. Do NOT take Trulicity, Bydureon BCise, Ozempic, Wegovy or Mounjaro within 7 days of your procedure.
- Bring your PHOTO ID and HEALTH INSURANCE CARD.**
- Please leave your valuables (jewelry, watches, etc.) at home.
- Please check with your insurance if you have concerns regarding benefits.** Our office will contact your insurance company for pre-authorization requirements; however, we do not check your schedule of benefits. Per your insurance company's disclaimer, authorization for your procedure does not guarantee payment.
- Our guidelines do not require antibiotics to be given prior to endoscopy for any conditions apart from feeding tube placement. *If you have concerns about this, please bring it to the attention of the nurse and physician prior to sedation.*
- If you have any questions, please visit our web site [www.indianagastro.com](http://www.indianagastro.com) or call our office at (317) 872-1161. Ask for:**

**BE SURE TO FOLLOW BOWEL PREPARATION STRICTLY IF YOU ARE UNDERGOING COLON EVALUATION**